

## Track Name: **Greenville/Regional—Nutrition Plus**

**Location: Office based in Greenville, NC**

**Distance from Main Campus: varies**

**Type of Experience: Part-time**

**Number of Interns: 1-2**

**Overall Description:** Interns rotate through the clinical sites, including various dialysis, long-term care centers, and acute care. Supervised practice in community dietetics is completed at various Health Departments/Agencies. The Food Service Rotation is divided between various LTC sites.

<b>Clinical Experiences:</b> Nutrition Plus <a href="http://www.nutrition-plus.com/">http://www.nutrition-plus.com/</a>	<p>Nutrition Plus is a consulting private practice based in Greenville, NC but covering multiple counties in several states in the Southeast.</p> <p>Interns work to develop nutrition care plans and participate in a multi-interdisciplinary treatment team. Nutrition care services include nutrition screening and intervention, food and drug interaction, education, nutrition counseling and education and nutrition care planning. Learning experiences occur with Diabetes, Oncology, Renal Disease, Psychiatry, Cardiac and Rehabilitation, Hospice Care, Skilled Nursing Facilities and Alzheimer's Care Units.</p>
<b>Community Experiences:</b> Health Department, various sites	<p>Health Departments offer a variety of experiences including WIC and Maternal and Child Health Programs, as well as Children's developmental services agencies. The WIC program provides a broad-based community experience in nutrition in conjunction with the Maternal and Child Health Programs. Interns will work primarily in a local Health Department setting, although opportunities will exist for contact with various local agencies and community groups. Interns will work with Nutritionists, Clinicians and other Health Care Professionals in providing and advising on basic nutritional care of patients.</p> <p>The intern will be exposed to other departments in the agency and will become aware of all services and programs provided by the health department. The intern will be exposed to health fairs, community health screening, Family planning, education. Goals include training target groups within the community; developing and valuating education materials; and other hands-on experiences.</p>
<b>Foodservice Experiences:</b>	<p>Interns are exposed to computerized nutrition office and quality checks for patient services, computerized ordering/receiving/inventory process; development and implementation of policies and procedures; management of food production; development of management skills through working with food service staff; budget process and equipment purchasing; interaction with other department managers in solving concerns or implementing new programs; special nutritional attention including mechanical therapeutic modifications; children's developmental service agencies; menu planning and analysis; special diets; nutritional promotional projects; and sanitation. HACCP procedures are used in recipe development and foodservice operations</p>
<b>Management Experience:</b>	<p>Development of management skills through the many facets of the medical field, including scheduling and budget.</p>