

Track Name: Lumberton (Robeson County)

Location--Lumberton, NC

Distance from Main Campus 150 miles

Type of Experience: Full or Part Time

Number of interns: 1

OVERALL DESCRIPTION: This is a generalist track with a balance of experiences. Duke-Southeastern Regional Medical Center is a 255 bed, 50 newborn hospital. Woodhaven Nursing Care Center is a 115 bed unit including 15 Alzheimer's beds is included. The region has an opportunity to provide nutrition services to many citizens, including Native Americans, and Lumberton is considered to be one of the most ethnically diverse small town in the U.S.

<p>Clinical Experiences: Southeastern Health http://www.srmc.org/main/</p>	<p>Clinical care is provided as a support service for surgical, medical, pediatrics, obstetrics, Intensive Care Unit and psychiatry patients. Patient group education, outpatient services and the healthcare team approaches are emphasized in the facility. Interns also participate in Wellness Programs at SRMC Fitness Center. Hospice Care, Home Health, SRMC Cancer center, Skilled Nursing Facility, Alzheimer's Care Unit, Cardiac Rehabilitation, Pulmonary Rehabilitation, and Diabetes Community Center of Robeson County will be included in this rotation. Observing the role of dietitians in selected local dialysis units is also included.</p>
<p>Community Experiences: Robeson County Health Dept. http://publichealth.southernregionalahec.org/Robeson/</p>	<p>The Nutrition Division delivers nutrition education to our citizens via many channels. The staff of five registered dietitians and three nutritionists provide WIC services to ~ 5400 participants. We expose Interns to health promotion activities – health fairs, cooking classes, community health screenings. Interns will experience a community bases approach to delivering medical nutrition therapy for pediatric, maternity and adult populations. Interns can shadow our school dietitian – experience school foodservice, the Child Nutrition Program and nutrition education. We encourage hands-on experiences and creativity and individual learning opportunities.</p>
<p>Foodservice Experiences: Woodhaven Nursing Care Center Southeastern Health</p>	<p>The food production system is room service. Cafeteria, tray and on-premise catering service is provided by these departments and experiences in several community related food programs.</p>
<p>Management Experience: Robeson County Schools & Southeastern Regional Medical Center</p>	<p>Working with the Health Department and SRMC, the intern has an opportunity to make a difference in the schools through lectures and projects. At Southeastern projects are developed around working processes.</p>