

TARA WIND, MS, RD, LDN

EDUCATION

Meredith College Master of Science in Nutrition Practicum: Simulation in Dietetics	2017
Meredith College Dietetic Internship	2002
University of North Carolina at Chapel Hill Bachelor of Science Public Health, Nutrition	2001

AWARDS AND PRESENTATIONS

9 th Annual Beyond the Manikin, Presenter	March 2018
ACEND Noteworthy Nutrition and Dietetics Education Practices, Interprofessional Education	December 2017
8 th Annual Beyond the Manikin, Poster Session	October 2017

TEACHING EXPERIENCE

East Carolina University Dietetic Internship Director, Clinical Assistant Professor	2019 - present
Meredith College Dietetic Internship Directly precept 12 of the 43 interns for their clinical and food service management rotations. Review 150 program applications per year. Ensure interns are meeting ACEND competencies and required modules in their rotations.	2014 - 2019
Adjunct Instructor, Capstone in Dietetics Focus on preparing graduate students for the clinical rotation in their dietetic internship with an emphasis on application of curriculum knowledge and situational competencies	2017 - present
Adjunct Instructor, Colloquium in Nutrition Focus on professional development of undergraduates including resume and cover letter writing, applying into dietetic internships	2017 - present

RELATED EXPERIENCE

Whisk Chef, Cooking Class Assistant	2017 – present
WakeMed Health and Hospitals Clinical Dietitian, Certified Nutrition Support Clinician	2002-2007, 2011-2014
LifeTime Fitness Nutrition Coach, Personal Trainer, Group Fitness Instructor	2007 – 2011

MEDIA

WRAL-TV Live Monthly Nutrition TV Segments	2009 – present
Content Contributor: Cooking Light, Martha Stewart Living, Forbes.com	2014 – present
FLAVOR NC Taped TV Segments	2012