

**DEPARTMENT OF NUTRITION SCIENCE**  
**Requirements for BS in Nutrition and Dietetics**  
**Didactic Program in Dietetics (DPD)**

**2024-2025**

<b>FOUNDATIONS CURRICULUM (40 S.H.)</b>	
<b>ENGLISH (6 S.H.)</b>	
<i>^ENGL 1100 (WI)</i>	3
<i>^ENGL 2201 (WI) Writing about the disciplines - health sciences</i>	3

<b>HLTH/KINE (3 S.H.)</b>	
HLTH 1000 Health in Modern Society	2
KINE 1000 Lifetime Physical Activity and Fitness lab	1

<b>HUMANITIES AND FINE ARTS (9 S.H.)</b>	
<b>Must have one from each area</b>	
<b>Humanities</b>	
elective	3
elective	3
<b>Fine Arts</b>	
COMM 2020 or 2410	3

<b>MATH (3 S.H.)</b>	
<i>MATH 1065 College Algebra</i>	3

<b>SCIENCE including one lab (7 S.H.)</b>	
<i>CHEM 1150 P: MATH 1065 Min Grade of C or MATH 1083 Min Grade of D- or MATH 1085 Min Grade of C</i>	3
<i>CHEM 1151 lab</i>	1
<i>CHEM 1160 P: CHEM 1150 Min Grade of C and CHEM 1151 Min Grade of C</i>	3

<b>SOCIAL SCIENCE (9 S.H.)</b>	
From at least three different areas	
ANTH 1050 or 2200 (GD)	3
PSYC 1000 Intro Psychology	3
SOCI 2110 Intro to Sociology (DD)	3

<b>GENERAL ELECTIVE (3 S.H.)</b>	
From either HUM, FA, SS, or Science	
elective- <b>must be WI</b>	3

<b>COGNATES (21 - 24 S.H.)</b>	
<i>CHEM 1161 lab</i>	1
<i>BIOL 1150/1151: Principles of Biology &amp; Lab I</i>	4
<i>BIOL 2110/2111: Principles of Microbiology &amp; Lab II: P: CHEM 1120, CHEM 1130 or BIOL 1100 and CHEM 1150; 2.75 GPA or consent of instructor; RP: BIOL 1050, BIOL 1051 or BIOL 1100, BIOL 1101.</i>	4
<i>BIOL 2130/2131: Surv Human Phys &amp; Anatomy w Lab: P: BIOL 1050, BIOL 1051; or BIOL 1100, BIOL 1101 OR BIOL 2140/2141 and 2150/2151</i>	5 or 8
<i>CHEM 2750/2753 Organic Chem w/lab: P: CHEM 1160, CHEM 1161; C: CHEM 2753.</i>	4
<i>Statistics Course (MATH 2228 [P:MATH 1065], 2283[P:MATH 1065], PSYC 2101 or BIOS 1500)</i>	3

<b>CORE (14 S.H.)</b>	
<i>NUTR 1010: Cultural Foods (DD)</i>	3
<i>NUTR 1300: Intro to Dietetics Profession - only offered fall</i>	1
<i>NUTR 1330: Food Safety &amp; Sanitation - only offered spring</i>	1
<i>NUTR 2105: Nutrition Science</i>	3
<i>NUTR 2330: Food Science</i>	3
<i>NUTR 2400: Nutrition Assessment. P: NUTR 2105</i>	3

<b>Didactic Program (DP) (40 S.H.) Must apply and be admitted</b>	
<i>NUTR 2331: Food Science Laboratory, P: DPD conc</i>	1
<i>NUTR 3104: Advanced Vitamins &amp; Minerals P: NUTR 2105; DPD conc</i>	3
<i>NUTR 3105: Nutrition Biochem &amp; Metabolism P: NUTR 2105; Rec Prereq: CHEM 2750/2753; declared</i>	3
<i>NUTR 3311: Life Cycle Nutrition P: NUTR 2105</i>	3
<i>NUTR 3330: Financial Mgmt in Dietetics P: NUTR 2330; DPD conc; offered fall only</i>	4
<i>NUTR 3535: Nutrition Education &amp; Behavior Change P: NUTR 2400; DPD conc; offered fall only</i>	3
<i>NUTR 3700: (WI) Nutrition and Disease P: declared major; RC: NUTR 3104, NUTR 3105</i>	3
<i>NUTR 4300: Professional Prep in Dietetics P: Senior standing; DPD conc; offered fall only</i>	1
<i>NUTR 4312: Medical Nutrition Therapy I plus lab P: NUTR 3105, NUTR 3700; DPD conc; offered fall only</i>	4
<i>NUTR 4313: Medical Nutrition Therapy II plus lab P: NUTR 4312; DPD conc; offered spring only</i>	4
<i>NUTR 4315: Nutrition Counseling. P: NUTR 3535; DPD conc, offered spring only</i>	1
<i>NUTR 4330: Food Production Principles P: DPD conc; offered fall only</i>	3
<i>NUTR 4331: Food Production Lab P: NUTR 1330; NUTR 4330; DPD conc; offered spring only</i>	2
<i>NUTR 4500: Community Nutrition P: NUTR 3535; DPD conc; offered spring only</i>	3
<i>NUTR 4600: Senior Seminar P: Senior standing; DPD conc; offered spring only</i>	3

<b>ADDITIONAL ELECTIVES (3-4 S.H.)</b>	

**TOTAL DEGREE HOURS 120 S.H.**

**The DPD option requires 120 semester hours and is suited only for students who intend to pursue the RD credential. Students must have a minimum cumulative 3.0 GPA to apply to the didactic program and must have completed all prerequisites. The top 26 students based on GPA will be admitted. The application is once per year in February, and Didactic Program cohort classes will start the following fall and will take 2 years to complete.**

*Courses in italics are required for Didactic Program/cohort admission*

WI - Writing Intensive; GD - Global Diversity; DD - Domestic Diversity

Questions? Contact Brandon Jones [jonesbra17@ecu.edu](mailto:jonesbra17@ecu.edu)